

Coffee Consumption is Associated with a Significant Reduction in Coronary Artery Disease and Breast Cancer Risks

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<http://www.amelkin.de/caffeine.pdf>

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Abstract

The last investigations have shown that coffee consumption is associated with a significant reduction in coronary artery disease and breast cancer risks because coffee consumption increases migratory capacity and mitochondrial function of human cells. Caffeine-induced migratory capacity of cells is linked with repairing of mitochondrial functions and reduction of cardiolipin and electron transport chain abnormalities. In this respect there was elaborated a model of mitochondrial respiratory chain.

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